

UNDERSTANDING OBESITY AND ITS IMPACT ON LONGEVITY AND WOMEN'S HEALTH



Thursday, May 19, 2022

Tamarack Country Club - 55 Locust Rd #2522 - Greenwich, CT

4:30 - 9:00 PM

OVERVIEW

The recent Covid pandemic has clearly demonstrated the impact obesity has in overall health. Furthermore, strategies to contain the risk of infection have exacerbated the obesity and metabolic syndrome epidemic. This thought provoking conference combines a well coordinated healthy dinner with world class speakers that will discuss topics ranging from optimal diet, state of drug therapy, why obese individuals had a higher mortality with Covid, what we can do to live longer and although obesity rates are higher in females, they live longer. Obesity, PCOS, Post menopausal weight gain and role in cancer will be discussed.

SPEAKERS

Louis J. Aronne, MD, FACP, DABOM

Weill Cornell Medicine
Sanford I. Weill Professor of Metabolic Research
Past President, The Obesity Society
Past Chairman, American Board of Obesity Medicine

Gil Blander, PhD

Founder and CSO of InsideTracker

Gayatri Devi, MD, MS, FAAN

Clinical Professor of Neurology and Psychiatry,
Zucker School of Medicine at Hofstra/Northwell
Director, Park Avenue Neurology

Stephen Glazer, MD

President Canadian Association of Bariatric
Physicians and Surgeons

Jamie Kane, MD

Director, Northwell Health Center for Weight Management
Chief, Section of Obesity Medicine

Margaret Nachtigall, MD

Clinical Associate Professor, Dept OB/GYN
Division of Reproductive Endocrine, NYU Medical School

Mitchell Roslin, MD, FACS

Chief Bariatric and Metabolic Surgery
Northern Westchester Hospital and Lenox Hill Hospital, New York
Member of Katz Institute for Women's Health

Jeanine Villella, DO

Vice Chair Gyn Oncology Northwell
Member of Katz Institute for Women's Health

Sharon Zarabi RDN, CPT

Program Director Katz Institute for Women's Health Western Region



Brought to you by the Center for
Weight Management and the Katz
Institute for Women's Health.

Agenda

- 4:30 PM Network Reception
- 5:00 PM Welcome and Introduction
- 5:10 PM How I treat Obesity - Jamie Kane, MD
- 5:30 PM Is there a best diet and what we are eating tonight? - Sharon Zarabi RD CPT
- 5:50 PM Obesity Management in Canada: The role of the PCP, Specialist and Surgeon - Stephen Glazer, MD
- 6:10 PM What is next after Wegovy®, The future of Obesity Medications - Louis Aronne, MD, FACP, DABOM
- 6:30 PM Discussion / Buffet Dinner
- 7:00 PM Understanding Obesity as accelerated aging and mitochondrial dysfunction - Mitchell Roslin, MD, FACS
- 7:20 PM Intermittent Fasting, Reduced Calorie Diets, and theories of Longevity and Aging. Why do Women live Longer? - Gil Blander, PhD
- 7:40 PM Obesity and Alzheimer's disease, Why do women have a higher risk of dementia - Gayatri Devi, MD, MS, FAAN
- 8:00 PM Discussion / Dessert
- 8:15 PM Obesity, PCOS, and post menopausal weight gain - Margaret Nachtigall, MD
- 8:35 PM Obesity and Gyn Cancers - Jeanine Villella, DO
- 8:55 PM Closing Remarks
- 9:00 PM Adjourn

Learning Objectives

- Describe the impact of diet and weight gain on aging and how it promotes chronic diseases such as heart disease, cancer, and dementia
- Identify strategies for increasing patient awareness and establishing optimal clinical pathways
- Discuss the redefined meaning of health and the influence practitioners have on patients decision making

Target Audience

This activity is designed to meet the educational needs of Primary Care Physicians, Internal Medicine and Specialists such as Cardiology, Gastroenterology, Endocrine, Rheumatology, Pulmonary, OB GYN, Pediatric Adolescent Medicine, Orthopedics, Podiatrists, and related physician extenders.

Activity Goal

To increase awareness to the early signs of insulin resistance and other biomarkers that increase medical risks and discuss strategies to get more individuals the treatments they require

Accreditation

In support of improving patient care, CineMed is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

CineMed designates this live activity for a maximum of 4 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Support

This activity is supported by an educational grant from Medtronic.



Seating is limited, register early!

Register at [cine-med.com/obesity](https://www.cine-med.com/obesity)