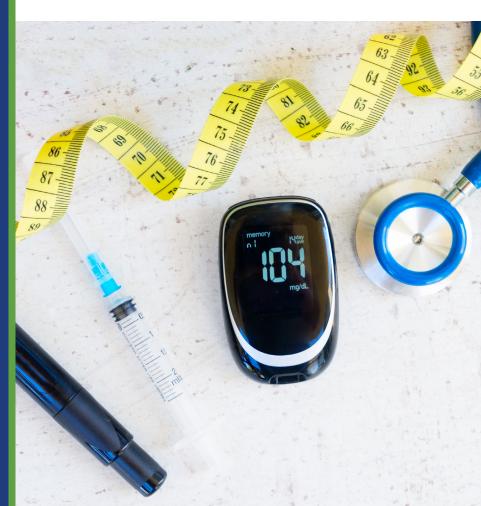
Symposium on the Modern Management of **Metabolic Syndrome** and Obesity



### May 11, 2024 Houston, Texas

Baylor College of Medicine

## KEYNOTE SPEAKER



Joe Nadglowski is President and CEO of the Obesity Action Coalition (OAC) – a nonprofit organization formed in 2005 dedicated to elevating and empowering individuals affected by obesity through education, advocacy and support. A frequent speaker and author, Mr. Nadglowski is especially passionate about access to obesity treatments, tackling weight bias and sharing his own experiences with obesity.

He has more than 25 years of experience working in patient advocacy, public policy and education and is a graduate of the University of Florida.

### OVERVIEW

Our 2nd Annual Symposium on the Modern Management of Metabolic Syndrome and Obesity is a 1-day hybrid course of lectures and interactive panel discussions. The conference will provide the learners with the current state of metabolic syndrome as a disease of epidemic proportions, our current understanding of its causes, and how available treatments help reverse this disease. The learners will also gain familiarity with the various surgical, endoscopic, and pharmaceutical therapies that are available and better understand how to support patients who have received these therapies.

### ACCREDITATION

In support of improving patient care, CineMed is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

CineMed designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



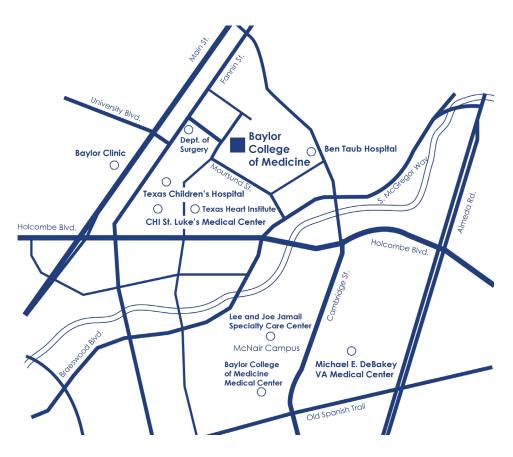


## VENUE

Kleberg Auditorium Baylor College of Medicine One Baylor Plaza Houston, TX 77030



Visitors should park in Texas Medical Center Garages 4, 7 or McGovern Commons.



# COURSE DIRECTORS



**Samer G. Mattar, MD** Professor and Chief, Division of Metabolic and Bariatric Surgery Department of Surgery Baylor College of Medicine



**Stephanie Sisley, MD** Associate Professor Medical Director, Genetic Disorders of Obesity Program Associate Pediatric Endocrine Fellowship Director Baylor College of Medicine



Maya Balakrishnan, MD, MPH Assistant Professor Section of Gastroenterology & Hepatology Department of Medicine Baylor College of Medicine



**Olubunmi Oladunjoye, MD, MPH** Assistant Professor Section of General Internal Medicine Department of Medicine Baylor College of Medicine



**Claire Edgemon, MS, RD** Senior Registered Dietitian Division of Metabolic and Bariatric Surgery Department of Surgery Baylor College of Medicine



Sarah Mahlke, MS, RDN, LD, CNSC Sr. Program Management Associate Division of Metabolic and Bariatric Surgery

Department of Surgery Baylor College of Medicine

Lisette Pelletier, RN

# PLANNING COMMITTEE

Jordan Lockhart, BS Sharon Galloway, MSML Scott Holmes, CMI Leslie Rash Nicholas Ryan, MBA/MHA

# PROGRAM

### Saturday, May 11, 2024

7:15-8:00am Registration / Breakfast

- 8:00-8:05am CME Announcements
- 8:05-8:30am Welcome Samer G. Mattar, M.D.

### **SESSION I**

Moderators: Stephanie Sisley, M.D. and Maya Balakrishnan, M.D.

- 8:30-8:50am Epidemiology and Pathophysiology of Metabolic Syndrome and Obesity Samer G. Mattar, M.D.
- 8:50-9:10am Diabetes Burden in Metabolic Syndrome and Obesity *Elina Trofimovsky, M.D.*
- 9:10-9:30am MASLD in Metabolic Syndrome and Obesity Fasiha Kanwal, M.D., MSHS
- 9:30-9:45am Panel Discussion

#### **SESSION II**

Moderators: Stephanie Sisley, M.D. and Maya Balakrishnan, M.D.

- 9:45-10:05am Genetic Forms of Obesity Stephanie Sisley, M.D.
- 10:05-10:25am Metabolic Syndrome and Obesity in the Pediatric Population *Olivia Zofia Bentkowski Ginnard, DO*
- 10:25-10:40am Panel Discussion
- 10:40-11:00am Breaks and Exhibits

### SESSION III

Moderators: Samer G. Mattar, M.D. and Matthew P. Yang, M.D., DABOM

- 11:00-11:20am Sleep Disorders in Metabolic Syndrome and Obesity Mauro Baylon Mendez, M.D.
- **11:20-11:40am** Broaching the Topic of Obesity *Olubunmi O. Oladunjoye, M.D., MPH*
- 11:40-12:00pm Management of the Patient with Weight Recurrence Deborah B. Horn, DO, MPH

12:00-12:20pm Panel Discussion

12:20-01:00pm Lunch and Exhibits



#### **KEYNOTE SPEAKER**

1:00-2:00pm Bias and Discrimination in Metabolic Syndrome and Obesity Joe Nadglowski

#### **SESSION IV**

Moderators: Juliet Holder-Haynes, M.D. and Claire Edgemon, MS, RDN, LDN

- 2:00-2:20pm Medical Evaluation Juliet Holder-Haynes, M.D.
- 2:20-2:40pm Nutritional Evaluation Claire Edgemon, MS, RDN, LDN
- 2:40-3:00pm Psychological Evaluation *Ryan Marek, Ph.D.*
- **3:00-3:20pm** Physical Evaluation and Prehabilitation *Angela N. Cortez, M.D.*
- 3:20-3:40pm Panel Discussion
- 3:40-3:55pm Break and Exhibits

#### **SESSION V**

Moderators: S. Julie-Ann Lloyd, M.D., Ph.D. and Isabel Valdez, PA-C

**3:55-4:15pm** The Current State of AOMs *Matthew P. Yang, M.D., DABOM* 

4:15-4:35pm Surgical Options for Metabolic Syndrome and Obesity S. Julie-Ann Lloyd, M.D., Ph.D.

- 4:35-4:55pm Endoscopic options for Metabolic Syndrome and Obesity *Wasif M. Abidi, M.D., Ph.D.*
- 4:55-5:05 pm Panel Discussion and Closing Remarks



#### **EXHIBITORS**

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