

Symposium on the Modern Management of **Metabolic Syndrome and Obesity**



May 11, 2024
Houston, Texas

Baylor
College of
Medicine

KEYNOTE SPEAKER



Joe Nadglowski is President and CEO of the Obesity Action Coalition (OAC) – a nonprofit organization formed in 2005 dedicated to elevating and empowering individuals affected by obesity through education, advocacy and support. A frequent speaker and author, Mr. Nadglowski is especially passionate about access to obesity treatments, tackling weight bias and sharing his own experiences with obesity.

He has more than 25 years of experience working in patient advocacy, public policy and education and is a graduate of the University of Florida.

OVERVIEW

Our 2nd Annual Symposium on the Modern Management of Metabolic Syndrome and Obesity is a 1-day hybrid course of lectures and interactive panel discussions. The conference will provide the learners with the current state of metabolic syndrome as a disease of epidemic proportions, our current understanding of its causes, and how available treatments help reverse this disease. The learners will also gain familiarity with the various surgical, endoscopic, and pharmaceutical therapies that are available and better understand how to support patients who have received these therapies.

ACCREDITATION

In support of improving patient care, CineMed is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

CineMed designates this live activity for a maximum of **7.25 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



VENUE

Kleberg Auditorium
Baylor College of Medicine
One Baylor Plaza
Houston, TX 77030

PARKING

Visitors should park in Texas
Medical Center Garages
4, 7 or McGovern Commons.



COURSE DIRECTORS



Samer G. Mattar, MD

Professor and Chief, Division of
Metabolic and Bariatric Surgery
Department of Surgery
Baylor College of Medicine



Stephanie Sisley, MD

Associate Professor
Medical Director, Genetic Disorders of
Obesity Program
Associate Pediatric Endocrine
Fellowship Director
Baylor College of Medicine



Maya Balakrishnan, MD, MPH

Assistant Professor
Section of Gastroenterology &
Hepatology
Department of Medicine
Baylor College of Medicine



Olubunmi Oladunjoye, MD, MPH

Assistant Professor
Section of General Internal Medicine
Department of Medicine
Baylor College of Medicine



Claire Edgemon, MS, RD

Senior Registered Dietitian
Division of Metabolic
and Bariatric Surgery
Department of Surgery
Baylor College of Medicine



Sarah Mahlke, MS, RDN, LD, CNSC

Sr. Program Management Associate
Division of Metabolic
and Bariatric Surgery
Department of Surgery
Baylor College of Medicine

Lisette Pelletier, RN

PLANNING COMMITTEE

Jordan Lockhart, BS

Sharon Galloway, MSML

Scott Holmes, CMI

Leslie Rash

Nicholas Ryan, MBA/MHA

PROGRAM

Saturday, May 11, 2024

7:15-8:00am Registration / Breakfast

8:00-8:05am CME Announcements

8:05-8:30am Welcome - Samer G. Mattar, M.D.

SESSION I

*Moderators: Stephanie Sisley, M.D.
and Maya Balakrishnan, M.D.*

8:30-8:50am Epidemiology and Pathophysiology
of Metabolic Syndrome and Obesity
Samer G. Mattar, M.D.

8:50-9:10am Diabetes Burden in Metabolic
Syndrome and Obesity
Elina Trofimovsky, M.D.

9:10-9:30am MASLD in Metabolic Syndrome
and Obesity
Fasiha Kanwal, M.D., MSHS

9:30-9:45am Panel Discussion

SESSION II

*Moderators: Stephanie Sisley, M.D.
and Maya Balakrishnan, M.D.*

9:45-10:05am Genetic Forms of Obesity
Stephanie Sisley, M.D.

10:05-10:25am Metabolic Syndrome and Obesity in
the Pediatric Population
Olivia Zofia Bentkowski Ginnard, DO

10:25-10:40am Panel Discussion

10:40-11:00am Breaks and Exhibits

SESSION III

*Moderators: Samer G. Mattar, M.D.
and Matthew P. Yang, M.D., DABOM*

11:00-11:20am Sleep Disorders in Metabolic
Syndrome and Obesity
Mauro Baylon Mendez, M.D.

11:20-11:40am Broaching the Topic of Obesity
Olubunmi O. Oladunjoye, M.D., MPH

11:40-12:00pm Management of the Patient with
Weight Recurrence
Deborah B. Horn, DO, MPH

12:00-12:20pm Panel Discussion

12:20-01:00pm Lunch and Exhibits



KEYNOTE SPEAKER

1:00-2:00pm Bias and Discrimination in
Metabolic Syndrome and Obesity
Joe Nadglowski

SESSION IV

*Moderators: Juliet Holder-Haynes, M.D.
and Claire Edgemon, MS, RDN, LDN*

- 2:00-2:20pm** Medical Evaluation
Juliet Holder-Haynes, M.D.
- 2:20-2:40pm** Nutritional Evaluation
Claire Edgemon, MS, RDN, LDN
- 2:40-3:00pm** Psychological Evaluation
Ryan Marek, Ph.D.
- 3:00-3:20pm** Physical Evaluation and
Prehabilitation
Angela N. Cortez, M.D.
- 3:20-3:40pm** Panel Discussion
- 3:40-3:55pm** Break and Exhibits

SESSION V

*Moderators: S. Julie-Ann Lloyd, M.D., Ph.D.
and Isabel Valdez, PA-C*

- 3:55-4:15pm** The Current State of AOMs
Matthew P. Yang, M.D., DABOM
- 4:15-4:35pm** Surgical Options for Metabolic
Syndrome and Obesity
S. Julie-Ann Lloyd, M.D., Ph.D.
- 4:35-4:55pm** Endoscopic options for Metabolic
Syndrome and Obesity
Wasif M. Abidi, M.D., Ph.D.
- 4:55-5:05 pm** Panel Discussion
and Closing Remarks



EXHIBITORS

Currax Pharmaceuticals, LLC
MedVision
Novo Nordisk
Medtronic
Baylor College of Medicine

SPONSOR

Medtronic

Baylor
College of
Medicine